

# BRAVE

Bricking Adult's future Via Empowerment



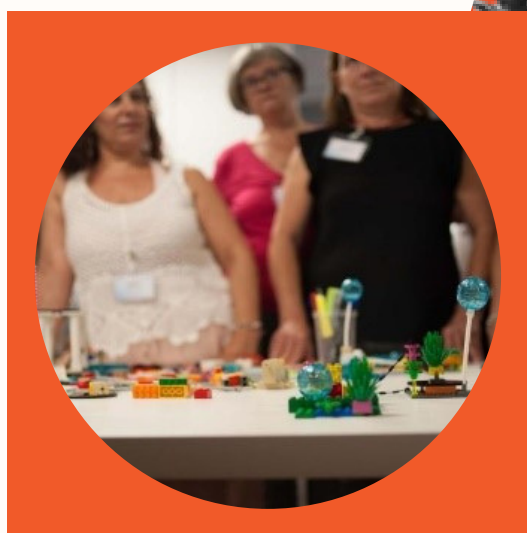
## ABOUT US

The BRAVE Project is aimed at contributing into lives of adults by encouraging and empowering their employability. The Project is focused on the enhancement of motivation and acquirement of professional skills by unemployed adults alongside with support and specialized training. The BRAVE project was granted in the framework of the Erasmus+ programme (Strategic Partnerships – Adult Education) and will last 24 months, spanning from the 1st November 2017 till 31st October 2019.

# THE EMPOWERMENT TRAINING COURSE

In June 11-15th of 2018, 30 participants from six different countries (Lithuania, Spain, Cyprus, Italy, Greece and Romania) participated in the Empowerment Training Course, which was held in Valencia. During this training, the participants were involved into different activities and had a great opportunity to get to know themselves better, explore their professional ambitions and visions, as well as set new goals.

The training was based on the Innovative Training Programme textbook, a thoroughly structured yet easily understood guide aiming to help adult educators in empowering unemployed people.



**YOU CAN NOW DOWNLOAD THE FINAL VERSION OF  
THE BRAVE INNOVATIVE TRAINING PROGRAMME  
PHASE 1 - UNEMPLOYED ADULTS' PERSONAL  
EMPOWERMENT FROM THE BRAVE WEBSITE  
SECTION:  
[HTTP://WWW.ILIKETOBEBRAVE.EU/DOWNLOAD/](http://www.iliketobebrave.eu/download/)  
AND GO THROUGH ALL THE MODULES CREATED.**

## BRAVE INNOVATIVE TRAINING PROGRAMME

The O1 BRAVE Innovative training programme PHASE 1 – Unemployed adults' personal empowerment consists of a training programme lasting 5 days and including four main modules:

Module 1: Know yourselves

Module 2: Discover your personal potential for a new Business Model YOU

Module 3: First Portfolio of prototyped ideas

Module 4: My contribution to the social good

The Innovative Training Programme textbook is clearly structured, therefore, may be easily understood and used by all adult educators working with unemployed people empowerment. Every module contains an introduction, where learning objectives and main issues are presented in a clear and understandable way. The textbook is nicely designed, full of structured schemes and motivating pictures that make it so attractive to read and use.

Want to know more about BRAVE Project? Visit the project's website and Facebook page, check on all the actions that are happening right now and the ones planned for the future and stay updated on our progress!

### PROJECT PARTNERS:

Fundatia Dezvoltare in Europa (FDE, Romania)

Social Innovation Fund (SIF, Lithuania)

InEuropa srl (Italy)

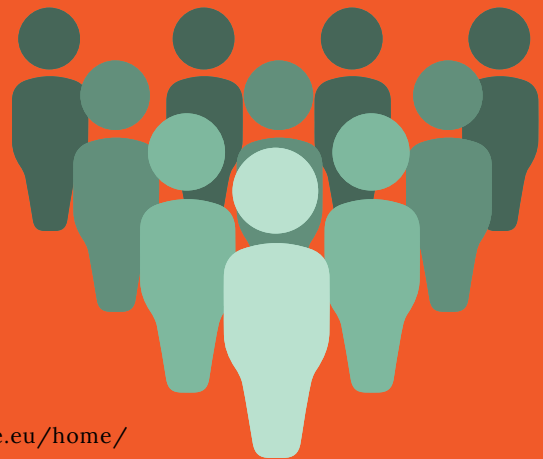
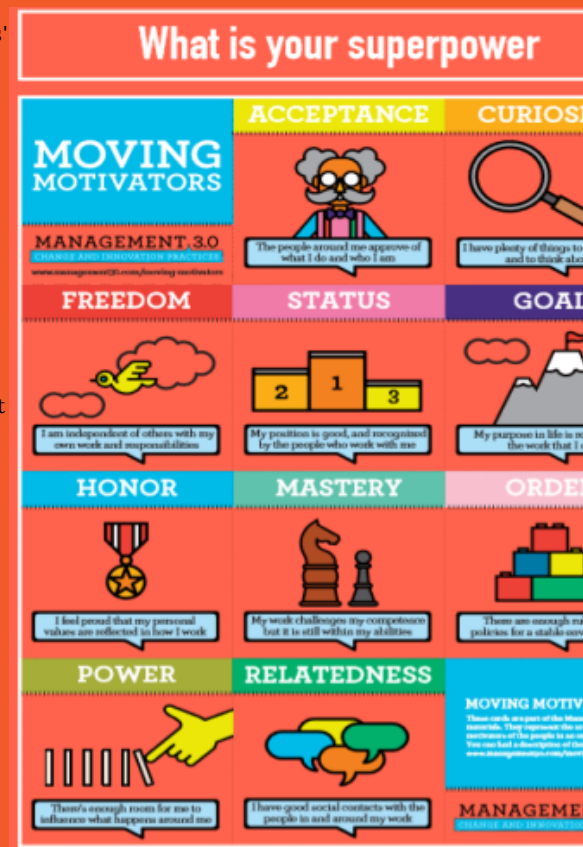
KMOP (Greece)

Stichting PRIME (Netherlands)

CARDET (Cyprus)

FYG Consultores (Spain)

Zenit Formazione (Italy)



### WHERE TO FIND US?

<http://www.iliketobebrave.eu/home/>

<https://www.facebook.com/Iliketobebrave/>



Co-funded by the  
Erasmus+ Programme  
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.